

RAPID ACCESS COUNSELLING

FREE Rapid Access Counselling

Sessions are 1 Hour

We all experience bumps in the road. There are times when we feel overwhelmed, lost or simply unable to cope with our problems. Life comes with challenges, but you don't have to face them alone.

We are here for you.



Oxbow: **Nobel HSSE Management** 319 - Main Street Second & Fourth Monday (Twice a Month)

VIRTUAL

Weyburn: The Salvation Army 8 - 4th Street Tuesday & Friday (Twice a Week)

Estevan: The Salvation Army 1107 - 4th Street Wednesday & Thursday (Twice a Week) **VIRTUAL**

Book online up to 48hrs in advance: www.counsellingconnectsask.ca

VIRTUAL or IN-PERSON

Schedule changes can be found on Envision's website & Facebook.

For more information:

306-637-4004 (Est/Oxb) 306-842-8821 (Wey) rac@envisioncounsellingcentre.com









