

Envision announces new employee assistance program

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Envision Counselling and Support Centre has announced they will be able to provide employee assistance program (EAP) counselling in the southeast, as of April 1.

EAP is a voluntary, confidential counselling program that helps employees work through various life challenges.

“Sometimes a person walks in seeking help who does not fit our programming. With this program, we are now able to help these individuals,” said Christa Daku, executive director at Envision.

The challenges being faced may negatively impact job performance or personal well-being. EAP is covered by employer insurance when available.

For those individuals who do not have employer insurance or do not meet the requirements of other

community programs, this service is still available for a fee.

“This expansion has been in the works for many years. We know this is a service gap that exists in communities throughout the southeast,” said Daku. “By starting in Estevan and Weyburn, our hope is to limit travel for clients so they do not have to leave the southeast.”

The program offers flexible counselling hours and there are plans to expand. EAP counselling is short-term and focuses on helping to identify goals and develop an appropriate plan of action to resolve present difficulties.

As with other programs offered by Envision, EAP counselling is client-centered and confidential, and individuals will go through the same process when seeking service.

After the initial phone call to Envision, an intake counsellor will contact the individual in a timely manner and discuss the program in detail.