

Envision Focusing on Consent During Sexual Assault

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Today marks the first day of Sexual Assault Awareness Week in the province.

"I would say the biggest message for Sexual Assault Awareness Week," shared Juli Dzuba, Community Outreach Coordinator with Envision, "would be is to understand what consent looks like is sexual situations and get that awareness and education out there so people know how to consent in a relationship and how to say no comfortably and in a safe way."

"In schools, we present on various different topics. As far as sexual assault goes, we talk about consent, we talk about legalities surrounding consensual sexual relationships and how to have healthy and happy relationships."

One in three women and one in six men will be affected by sexual assault in their lifetime.

"I think that that's something that people don't really realize is how prevalent it is in our communities. And it's something that is happening more often than maybe we might realize. That's why we want to get that education component

out there and talk to people about what is going on in our communities."

"And knowing that it's not just a big city issue. It's happening all over. It's not just something that is affecting women."

"Envision Counselling and Support is a support in our communities. As far as people who might be experiencing sexual assault or sexual violence in their lives, we are here to provide a safe environment for you to come in and get support."

WHAT IS CONSENT?
is permission, approval or agreement.
Consent means that only yes means yes.

- NO** is not yes.
- MAYBE** is not yes.
- LATER** is not yes.
- SILENCE** is not yes.
- WE** did it last time is not yes.
- 15** no's and one yes is not yes.

A YES at POINT "A" does not mean there will be a yes at point "B". There is no "point of no return" and a yes can become a no at any time.

1 in 3 GIRLS experience unwanted sexual acts. Any unwanted sexual contact is sexual assault. Sexual assault is against the law at any age.

1 in 6 BOYS experience unwanted sexual acts. Any unwanted sexual contact is sexual assault. Sexual assault is against the law at any age.

THE AGE OF CONSENT FOR SEXUAL ACTIVITY is 16 years of age. But a 16 or 17 year old cannot consent to sexual activity with a person in a position of trust or authority such as a teacher or coach.