

SOUL-FULL

Domestic Violence Support Group

- ▶ *Allowing survivors to connect with each other and decrease isolation*
- ▶ *Empowering survivors with validation, increased self-esteem and coping tools*
- ▶ *Decreasing feelings of stigma and shame by offering hope and healing*



**EVERY THURSDAY FROM
NOVEMBER 17TH - DECEMBER 22ND**

6:30PM - 8:00PM



ESTEVAN, SK

For additional information and specific location, call
the Envision office in Estevan at (306) 637-4004

