

Envision Counselling Expands Walk-In Counselling to Oxbow FOR IMMEDIATE RELEASE

Southeast Saskatchewan – Envision Counselling and Support Centre is excited to announce they are expanding their Walk-In Counselling services to a third location in Oxbow. This service was made possible thanks to a collaboration with Family Services Saskatchewan, and an investment from the Government of Saskatchewan.

Envision Counselling first provided Walk-In Counselling in Estevan and Weyburn as of May 1, 2019 and noticed a significant rise in those seeking immediate counselling services as public awareness grew.

“If a person is in crisis, they need to see someone right away,” says Christa Daku, Executive Director of Envision Counselling and Support Centre. “Demand for mental health services has increased steadily over time and people looking for assistance often experience barriers to timely, affordable care. The goal of Walk-In Counselling is to alleviate some of those barriers” says Daku.

Nobel HSSE Management Ltd. made the expansion of Walk-In Counselling services to Oxbow possible. Nobel agreed to partner with Envision Counselling by offering office space in their building starting March, 2020.

“We are fortunate to be able to expand Walk-In Counselling to Oxbow and continue to provide support for those in rural areas,” says Daku. “This new partnership with Nobel is a great opportunity for us as we grow as a non-profit.”

Walk-In Counselling is a free, immediate, accessible form of brief counselling. People can drop-in for a one hour session without an appointment. The services are provided by a qualified counsellor who also connects people to the community and health services they might need.

Starting March 9, 2020, Walk-In Counselling will be offered at Nobel HSSE Management Ltd. in Oxbow on the second and fourth Monday each month from 10:00am to 4:00pm. Walk-In Counselling can also be found at the Salvation Army in Weyburn on Tuesdays and Fridays and at the Salvation Army in Estevan on Wednesdays and Thursdays from 10:00am to 4:00pm. Any schedule changes can be found on Envision’s website and Facebook page.



info@envisioncounsellingcentre.com



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Weyburn Office
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Oxbow Office
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www.envisioncounsellingcentre.com

A registration period will be held from 10:00am to 11:00am each day where individuals can sign-up to guarantee a spot to see a counsellor. If an individual arrives outside of the sign-up period and the counsellor is available, they will be seen.

Envision Counselling and Support Centre has been supporting Southeast Saskatchewan for over 25 years by providing innovative programming and diverse counselling and support services to individuals, couples and families. Individuals looking for more information can find it on Envision's website at www.envisioncounsellingcentre.com.

Sessions are 1 hour and FREE



WALK-IN COUNSELLING



In partnership with: 

Nobel HSSE Management (Oxbow)
319—Main Street
Second & Fourth Monday

The Salvation Army (Weyburn)
8—4th Street
Tuesday & Friday

The Salvation Army (Estevan)
1107—4th Street
Wednesday & Thursday

Hours: 10:00am - 4:00pm
Sign-up from 10:00am - 11:00am

For more information:
306-637-4004 (Est/Oxb)
306-842-8821 (Wey)
walkin@envisioncounsellingcentre.com

www.envisioncounsellingcentre.com

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For more information, or interview requests, please contact:

Christa Daku

Executive Director

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