



## **WALK-IN COUNSELLING**

### **FREE Walk-In Counselling**

Sessions are 1 Hour

We all experience bumps in the road. There are times when we feel overwhelmed, lost or simply unable to cope with our problems. Life comes with challenges, but you don't have to face them alone.

We are here for you.



**Oxbow:**  
**Nobel HSSE Management**  
319 - Main Street  
Second & Fourth Monday

**Weyburn:**  
**The Salvation Army**  
8 - 4th Street  
Tuesday & Friday

**Estevan:**  
**The Salvation Army**  
1107 - 4th Street  
Wednesday & Thursday

**Hours: 10:00AM - 4:00PM | Sign-up from 10:00AM - 11:00AM**

Schedule changes can be found on Envision's website & Facebook.

For more information:  
306-637-4004 (Est/Oxb) 306-842-8821 (Wey)  
OR [walkin@envisioncounsellingcentre.com](mailto:walkin@envisioncounsellingcentre.com)

[www.envisioncounsellingcentre.com](http://www.envisioncounsellingcentre.com)



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