



FAMILY SERVICE SASKATCHEWAN

Family Service Saskatchewan (FSSK) is a network of 12 family serving organizations in Saskatchewan. We specialize in family supports and mental health counselling. We have collaborated together to create a rapid response mental health service in approximately 20 rural and urban communities across Saskatchewan.

WHAT ARE WALK-IN COUNSELLING CLINICS?

Walk-in Counselling Clinics are an immediate, accessible form of brief counselling. Due to a steadily increasing demand for mental health services, individuals and families who experience adversity may also experience barriers to accessing timely and affordable care.

Research shows timely and focused interventions offered in Walk-In Clinics and utilizing brief therapies, can lead to meaningful change and reduce the burden of stress- Confirming the vital role an accessible Walk-In Clinic plays in meeting the needs of all community members.

Organizations within FSSK

- ◇ [Catholic Family Services of the Battlefords](#)
- ◇ [Catholic Family Services Regina](#)
- ◇ [CFS Saskatoon](#)
- ◇ [Envision Counselling and Support Centre](#)
- ◇ [Family Service Regina](#)
- ◇ [Family Service Saskatoon](#)
- ◇ [Fresh Start \(Swift Current\)](#)
- ◇ [Moose Jaw Family Services](#)
- ◇ [Northeast Outreach and Support Services](#)
- ◇ [PARTNERS Family Services](#)
- ◇ [Prince Albert Catholic Family Services](#)
- ◇ [Society for the Involvement of Good Neighbours \(SIGN\)](#)