



Strengthening Connections

Join our **Building Healthy Relationships** workshop on Tuesday, November 6, 2018

Caught up in keeping score?

Learn ways to make your relationships with others more satisfying.

This workshop focuses on building healthy connections in all relationships (workplace, partner, family, etc.), identifying the keys to healthy relationships, setting effective boundaries, and responding to boundary invasions.

FREE OF CHARGE

6:30PM - 8:30PM

Available in **Estevan** to those 18 years and older.
Please call the office to pre-register.

FIND US ON:



Estevan Office

P: 306-637-4004

info@envisioncounsellingcentre.com

www.envisioncounsellingcentre.com

