

**Where  
would you  
choose to  
be on the  
spectrum?**



- ☆ Express Your Opinions
- ☆ Stand Up For Yourself
- ☆ Say "NO" Guilt Free
- ☆ Interact With Less Aggression

**Our Weyburn Office Presents:**

# **Assertiveness Workshop**

**Wednesday, November 21, 2018**

**6:15PM - 8:30PM**

Pre-registration is required. Please call 306-842-8821.

Available to those 18 years and older.

[www.envisioncounsellingcentre.com](http://www.envisioncounsellingcentre.com)

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