# WELCOME the 23rd

Envision Counselling & Support Centre Inc.

{ANNUAL GENERAL MEETING}



**Affinity Credit Union** East Entrance

Find us on:





**Our Vision:** We envision all individuals living in a happy, healthy environment.

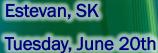
Our Mission: We will encourage and support healthy choices in individuals, families, and communities by offering innovative programming and diverse counselling and support services.



# Envision Counselling & Support Centre Inc. ANNUAL GENERAL MEETING

## **AGENDA**

- 1. Call to Order
- 2. Introductions
- 3. Adoption of Agenda
- 4. Approval of the Minutes of 2016 AGM June 2016
- 5. Auditor's Report MNP
- 6. Funding Representatives
- 7. Envision Reports
  - ⇒ Executive Director Report Christa Daku [p.6]
  - ⇒ Assistant Executive Director Report Lynda Rideout [p.7]
  - ⇒ Chairperson Report Tami Scott [p.8]
  - ⇒ Program Committee Chairperson Report Tracey Kiliwnik [p.9]
  - ⇒ Personnel Committee Chairperson Report Jay Pierson [p.10]
  - ⇒ Property/Capital Chairperson Report Garth Mryglod [p.10]
  - ⇒ Finance Committee Chairperson Report Brian Pilloud [p.11]
  - ⇒ Statistics Overview Christa Daku [p.12]
- 8. Envision Board of Directors
  - ⇒ Re-Election of Board Members (2 Year Term)
    Jay Pierson (2013), Kristin Duipuis (2013), Tracey Kiliwnik (2013),
    Brian Pilloud (2015)
  - ⇒ Executive Nominations
     Chairperson, Vice Chairperson, Treasurer, Secretary.
- 9. New Business
  - ⇒ Nomination of Auditors for Next Fiscal Year 2017-2018
  - ⇒ Amendments to Bylaws None
- 10. Special Presentation Understanding Exploitation
- 11. Adjournment



6:30pm

2017



### **Envision Counselling & Support Centre Inc.**

Annual General Meeting Estevan, SK June 15, 2016

A total of 21 staff, 8 Board Members and 5 guests were in attendance.

Board Members: Tami Scott, Karen Hirsch, Jay Pierson, Caroline Guest, Kristin Dupuis, Roni Sue Coulter, Garth Myrglod, Brian Pilloud

Guests: Michael Piluk (Ministry of Social Services), Angela Krieger (Meyers, Norris, Penny), Gaya Livingston (Ministry of Social Services), Tyler Holochuk (Discover Estevan/ Golden West Radio), Tana Cugnet

- 1.0 Call to Order- Chairperson Tami Scott called the meeting to order at 6:35pm.
- 2.0 Introductions- Tami Scott welcomed everyone to the meeting and invited introductions around the table.

#### 3.0 Adoption of Agenda

Motion #1- Moved by Roni Sue Coulter and seconded by Jay Pierson to accept the agenda as presented. Carried.

#### 4.0 Adoption of Minutes

Motion #2- Moved by Kristin Dupuis and seconded by Brian Pilloud that the minutes of June 16, 2015 be adopted as circulated. Carried.

#### 5.0 Auditors Report

The auditor's final report was presented by Angela Krieger of Meyers, Norris, Penny. Angela highlighted year over year major changes to the Balance Sheet, Revenue and Expense Statement and Cash Flows.

Motion #3: Moved by Jay Pierson and seconded by Garth Myrglod that the Auditors Report be accepted. Carried.

## 6.0 Ministry of Social Services

Michael Piluk of Social Services thanked Christa Daku & Lynda Rideout for their leadership of the Organization, in addition he thanked the Staff & Board for all of their hard work.

Guya Livingston expressed that she was looking forward to working with Envision, as well as appreciation for being invited to attend the meeting.

#### 7.0 Reports

Chairperson's Report- Written and submitted by Tami Scott

Finance Committee Report- Written and submitted by Karen Hirsch

Personnel Committee Report- Written and submitted by Jay Pierson

Program Committee Report- Written and submitted by Tracey Kiliwnik (read by Caroline Guest)

Property Report- Written and submitted by Garth Myrglod

Executive Director's Report- Written and submitted by Christa Daku

Assistant Executive Director's Report- Written and submitted by Lynda Rideout

Motion #4: Moved by Karen Hirsch and seconded by Roni Sue Coulter to accept the reports as presented. Carried.

#### 8.0 Envision Board of Directors

#### a. Election of Board Members

#### **Re-Election of Board Members**

There being no objection, the following Board Members were reappointed to two year terms: Karen Hirsch, Tami Scott, Roni Sue Coulter & Garth Myrglod.

#### **Nomination of New Members**

There being no objection, Tana Cugnet was appointed to a two year term.

#### **Executive Nominations**

Jay Pierson nominated Tami Scott to Chairperson, she was appointed by acclimation.

Karen Hirsch nominated Jay Pierson to Vice-Chairperson, she was appointed by acclimation.

Garth Myrglod nominated Brian Pilloud to Treasurer, he was appointed by acclimation.

Roni Sue Coulter nominated Kristin Dupuis to Secretary, she was appointed by acclimation.

#### b. Retirement from Board

Tami Scott presented a gift of appreciation to Carolyn Guest upon her retirement from the Board of Directors. Carolyn expressed her appreciation to the group for her time on the Board.

#### 9.0 New Business

#### **Appointment of Auditors**

Motion #5: Moved by Brian Pilloud and seconded by Garth Myrglod to appoint Meyers, Norris, Penny as auditors for the 2016/17 fiscal year. Carried.

## 10.0 Special Presentation- Lori Wolstenholme

Lori Wolstenholme presented the client survey results showcasing the outcomes. These surveys were distributed to clients that had had a minimum of 3 counseling sessions, with a total of 103 completed.

### 11.0 Adjournment

Roni Sue Coulter moved adjournment of the Annual General Meeting at 7:37pm

Minutes respectfully submitted by Kristin Dupuis.

## **2016-2017 ENVISION TEAM**

**Executive Director**—Christa Daku

Assistant Executive Director—Lynda Rideout

## **BOARD OF DIRECTORS**

### **Executive Members**

Chairperson—Tami Scott Vice Chairperson—Jay Pierson Treasurer—Brian Pilloud Secretary—Kristin Dupuis

## Members at Large

Garth Mryglod Karen Hirsch Roni-Sue Colulter Tana Cugnet Tracey Kiliwnik

### **ADMINISTRATION**

**OFFICE** Debbie Laurie H. Lori W. Melinda Kendra Laurie D. Victoria

## COUNSELLING

**CEV PROGRAM** Allyson F.

## **IVA PROGRAM** Edna

Jenna Skylar

## FIP PROGRAM

Angela M. Jody H.

## RESOURCE DEVELOPMENT Tania

## COMMUNITY OUTREACH

Juli Lorelei

## **AMAZING SUPPORTERS**

Cheryl Diana **James** Jody B. Heather P.

Linda

## FIP/IVA COUNSELLOR

Jolene M.

INTAKE Carrie Crystal

## SUMMER STUDENTS

Ashlev **Taylor** 

### **FAMILY SUPPORT**

**SUPERVISOR** Laura

## **COORDINATORS**

Liz Renée B.

## **SUPPORT WORKERS**

Allyson V. Lorna R. Ashlynn Lotti Brenda Mallory Charlene Paige Paula Crystal **Emily** Raylene Heather G. Sarah M. Jolene R. Shannon Jordan Shauna Katrina Stacy Kelli Terilyn Lisa **Tiffany** Lori M. Tracy

## **VOLUNTEERS** Angela B.

**Astrid Emily Emma** Esther Gail Hannah Jody C. Katie B. Katie P. Katrina Kim Lana Lorna L. Lynette Mary-Ann Renée D. Sarah S. Suzanne Theresa Trina **Tyler** 



## Executive Director's Message

May 2017

This past year has been both challenging and rewarding as an Executive Director, which is fairly typical in the nonprofit sector. Always keeping in mind the needs of the communities we serve in the southeast part of Saskatchewan, we have been resourceful in balancing the growing demand while operating at a deficit.

With the continued decline in the energy sector and provincial funding constraints this past fiscal year, it has been challenging to facilitate the ongoing growth of the caseloads in all areas of our programs with the existing funding. However, we are thankful that the Province of Saskatchewan has recognized the need for front line, community based organizations and we have been successful with no program cuts thus far. In addition to provincial funding, we have had several rural municipalities, towns, grants and community donors that continue to make the services we believe in possible. United Way Estevan and Weyburn have also acknowledged the need for our ongoing commitment to the communities and increased our funding to support an Intake Counselling position as we continue to seek core funding. This position was necessary with all programs at capacity and the referrals for services continuing to climb. We have had record numbers of referrals for service this past year again and this has been a welcomed position to the team. This past fiscal year, for the first time in Envision's history, we have been forced to implement wait lists in some areas of programming, while tightening mandates throughout all of our counselling programs. This, however, has proven to be growth for the Southeast as a whole as we strengthen community partnerships with other agencies to ensure we rely on one another and avoid duplication of services.

The **Envision Team** continues to be a valuable resource for many individuals in the four offices we offer services (Estevan, Weyburn, Carlyle and Oxbow). programming provides a wide range of services ranging from public education and prevention to intervention in many areas of personal wellness. I have strong beliefs that a team environment is what contributes to the success of this organization and we all continue to go above and beyond the expectations of our community stakeholders and funders to encourage positive change by reducing vulnerability in families and individuals.

In closing, I would like to send a sincere *Thank You* to the Board, the Staff and the Volunteers who continue to put in their timeless effort in to strengthening the

services we provide in the Southeast part of Saskatchewan.

Respectfully Submitted, *Christa Daku*, *Executive Director* 



## Assistant Executive Director's Message

June 2017

It's amazing to me that it is already AGM time again, the past year has flown by so quickly. I feel very privileged to have been with Envision for the last 8 years. Envision has amazing employees and I am so thankful for their dedication and support over this last year. A big thank you goes out to the Board members who work diligently to move Envision forward. Thank you to the volunteers who work 365 days of the year to provide support on Envision's Support Line. Victims of abuse and violence wouldn't have the support during non-office hours without each one of them. In addition, I would be remiss if I didn't give a shout out to James, our tech support, who is always within reach whenever we need assistance.

Our programming continues to be in demand, keeping us busy in all areas. Our Outreach team continues to educate and spread awareness about issues that are near and dear to us. With the expansion of our IVA program through the Into the Sunshine grant, we have been able to offer some important education and awareness to our Volunteers and the community around the prostitution activity in our region and how we can support those trying to exit the trade. This has been interesting work so far, and we are excited at what the future will bring in this area.

Our Family Support Program has been extremely busy and we continue to experience ongoing hiring of new workers for all locations. Our day to day work is never the same, as no two clients are alike to work with, this versatility not only keeps us on our toes, but keeps the job interesting as well. Over the past year the administration of the program was restructured to increase the support within each office, as it was previously Estevan based, and we found it wasn't working

smoothly. This restructure also helped us to prepare for the impending maternity leave of the program Supervisor. The preparations were done very well, and was great planning for the succession of the program. As always, we truly appreciate the strong working relationship we have with the local Ministry of Social Services teams.

Over the past year I was fortunate to take additional Reality Therapy/Choice Theory training for lead management along with some of our employees. This training is part of our core belief system as an agency, and it provides a fantastic foundation for working with both employees and clients alike.

Last but definitely not least, I must give great thanks to the office staff that keep things moving for our organization so smoothly. From looking after general office tasks such as building leaks and bugs to ensuring there are always pens and toilet paper, these women are consistently there to ensure we are ready to focus on our main goal, providing support to the community.

Overall, the past year was really wonderful. It seems to me that each year goes by faster than the last, and I am so grateful for our wonderful team of dedicated and empowered employees as well as the opportunity to build on our positive connections in the communities we have with other agencies and service providers. I would like to thank our

a m a z i n g B o a r d, employees, and volunteers for their ongoing hard work and dedication to Envision!

> Respectfully Submitted, *Lynda Rideout,* Assistant Executive Director



## May 2017

## Chairperson's Report

Every non-profit organization is reliant on funding from a variety of sources and **Envision Counselling and Support Centre is** no exception. We are grateful for the ongoing financial support we receive from the Province of Saskatchewan, and through grant funds received from the Government of Canada, the United Way, the Law Foundation of Saskatchewan and donations from municipal governments, corporations and individuals. Each of these parties shares the confidence that the Board of Directors has in the leadership of our Executive Director Christa Daku and Assistant Executive Director, Lynda Rideout. Christa and Lynda lead a strong team of employees and volunteers who are genuinely invested supporting healthy choices for individuals and families in crisis.

Envision continues to do excellent work in community outreach offering a number of workshops and presentations to schools, client groups, community groups and potential donors. We continue to increase our brand recognition both in Southeastern Saskatchewan as well the province as a whole.

This past year, the Board was pleased to welcome Tana Cugnet from Weyburn to the Board table. We will not experience any retirements at the end of this year.

The Board of Directors met on nine occasions. In addition, the various

committees met as required to complete the requirements of their mandates. Each of the four committees – Finance, Personnel, Program and Facilities - has worked diligently with both Christa and Lynda to contribute to the continued security, stability and success of the organization. You will read more on their work in each of their reports. I have appreciated the conscientious way that the entire board has approached decisions around policy review, new programming, financial considerations and employee support.

Our last Strategic Planning session was held in the fall of 2012. We had hoped to hold an early planning session in the fall of 2016 but budget shortfalls led to the decision to meet in the fall of 2017. This session has been scheduled and we look forward to working with FutureQuest through that process.

It has been my pleasure to complete my two-year term as Chairperson for Envision. I remain enthusiastic about the future knowing that we are well positioned to continue to grow and to offer innovative programming, counseling and support services to individuals and families in need.

Respectfully Submitted, *Tami Scott, Chairperson* 

## Program Committee Report

Members: Tracey Kiliwnik (Chair), Tana Cugnet

June 2017

The focus of the program committee continues to review the seven programs offering services to clients. A review of caseload, staffing, access to services and cost have been the main focus over the 2016-2017 fiscal year.

With current budget and re-structuring of staff as positions become available Envision will be able to continue to offer services through the following programs:

- Children Exposed to Violence Program (CEV)
- Inter-Personal Violence and Abuse Program (IVA)
- Family Intervention Program (FIP)
- Family Support Program (FSP)
- Diversion Program
- Child Aid Program
- Volunteer Program

Focus groups were developed as per the outcome within the Strategic Plan. The objective of these meetings was to evaluate and discuss gaps in services within the southeast with our partnering agencies. The key findings in the groups were that lack of services for men, the request for additional groups educational workshops and the suggestion to begin utilizing technology to reach more of the rural population with the use of webinars. This will be considered within our fall planning this summer.

We continue to see an increase in demands of services during our tough economic times, and the focus will continue to be on sustaining the programs. Continuation of application for grants to build capacity within the programs continues.

Respectfully Submitted, *Tracey Kiliwnik*, *Program Committee Chair* 

Coming together is a BEGINNING; Keeping together is PROGRESS; Working together is SUCCESS.

- Henry Ford

## Personnel Committee Report

Members: Jay Pierson (Chair), Kristin Dupuis, Roni-Sue Colter

May 2017

2016-2017 has once again seen changes in regards to personnel within Envision. With the increase of services being accessed in our respective offices and the reduction of certain funding streams, it became necessary to look at new options in specific areas.

Changes to the Benefits plan that was implemented in 2016 were researched. Going forward some changes are being looked at to ensure this plan fits the needs of Envision more efficiently. Furthermore, changes in policy were

made to better reflect the environment the staff work in and provide the best atmosphere for all.

On behalf of the Personnel Committee we would like to thank the staff and management of Envision for their dedication and the service provided to our clients and their respective communities.

Respectfully submitted,

Jay Pierson,

Personnel Committee Chair

## Property/Capital Committee Report

Members: Garth Mryglod (Chair), Tana Cugnet

May 2017

Envision owns the office building occupied in Weyburn and occupies rental space in Estevan, Oxbow and Carlyle. As their client numbers are growing, so too are the demands for even more space. They have the room to grow in Weyburn and now in Carlyle. The Estevan office is tight but they are making do with the space they have for now. If Oxbow were to grow, they would need a space that has separate/defined areas so that more than one person can be working in the space at a time. Generally speaking all Envision's office spaces are being cosmetically maintained by staff and volunteers. To the Estevan staff I would like to send a thank you for the quick response to the flooding that occurred last year.

At this time Carlyle, Estevan and Oxbow all have secure leases.

With the downturn in our economy during the past couple of years our counsellors have seen record intakes. With the growing workload, our staff are making it work in the office spaces they have, with an understanding now is not the time to expand and add extra costs. The growing demand for services and the staff at all locations continue to adapt and show the flexibility in their space that is needed to give the professional service so vital to their clients.

A special thanks goes to numerous volunteers, corporations and organizations for donating time and materials in all of our office spaces.

Respectfully submitted, **Garth Mryglod**,

Property/Capital Committee Chair

## Finance Committee Report

Members: Brian Pilloud (Chair), Karen Hirsch

May 2017

The 2016-2017 fiscal year represented a very challenging year for the Board and management of Envision Counselling and Support Centre. Saskatchewan's economy did not fare well. The southeastern portion of the province was especially hit hard by the continued fall in commodity prices. Funded sources in times such as these become strained whether they be through our core provincial partners, our donors, or any other source for that matter. Coupled with this issue, is the ever increasing demand for services that Envision provides to Southeastern Saskatchewan.

A deficit budget was approved for the 2016-2017 year. The solution to this deficit budget was the drawdown on a portion of our reserves from previous years. A solid financial year that we had just exited (2015-2016) afforded us that luxury. Having a deficit budget that was uncomfortably large meant that both Board and management were diligent in tracking our finances and working closely to maintain costs wherever possible. I am pleased to report that financial results very closely matched our budgetary expectations.

On a forward looking thought, our upcoming year is not anticipated to yield such a high deficit despite the challenging fiscal circumstances Saskatchewan currently is operating under. Our work at managing costs while still providing core services to the public will help to maintain our financial house in the coming year.

We would like to thank our management and staff for their efforts in mitigating costs in any way possible. We also would like to thank the Ministry of Justice and the Ministry of Social Services as the core funders for our organization. Lastly, we would like to thank our donors throughout our service area for the assistance they provide whether that be financially or through donations in kind.

Respectfully Submitted, *Brian Pilloud, Treasurer and Finance Committee Chair* 





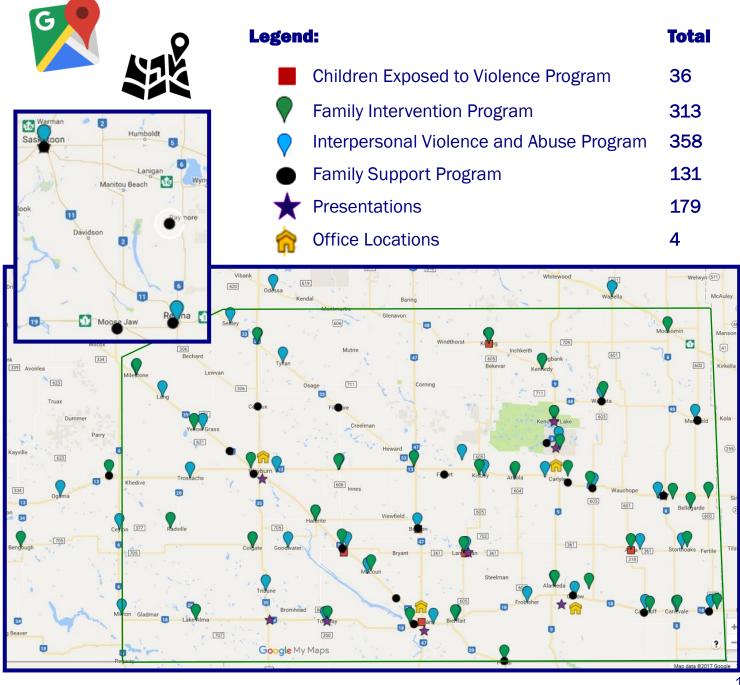


# CLIENT & PRESENTATION REACH ACROSS THE SOUTHEAST

The area outlined in **GREEN** represents Envision's geographical area which spans **28,700 square kilometers** with a total population in excess of **54,000 individuals**.



ENVISION OFFICE STAFF DROVE A TOTAL OF **77,580** KILOMETERS IN 2016-2017.



## 66QUOTES 99



## "I learned the importance of listening."

-Communicating Effectively Workshop Participant



"I will use what I learned by speaking up for what we could do against sexual objectification and how we could change it."

- Grade 11 Student



"I learned that taking time outs are effective and essential when major fights are going on."

-Marriage Prep Workshop Participant



"I learned how bad gender stereotypes are."

-Grade 7 Student



"The most significant thing that I learned is that just "no" is an answer. "

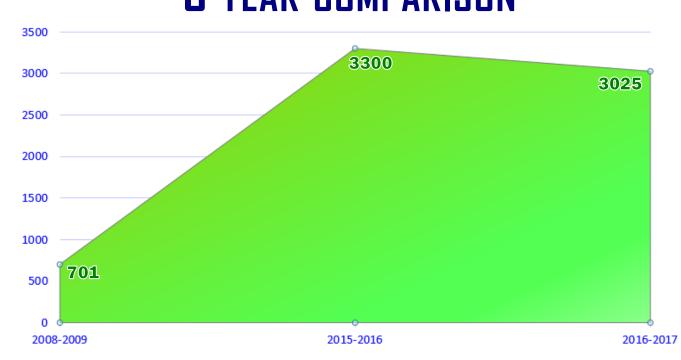
-Assertiveness & Boundaries Workshop Participant



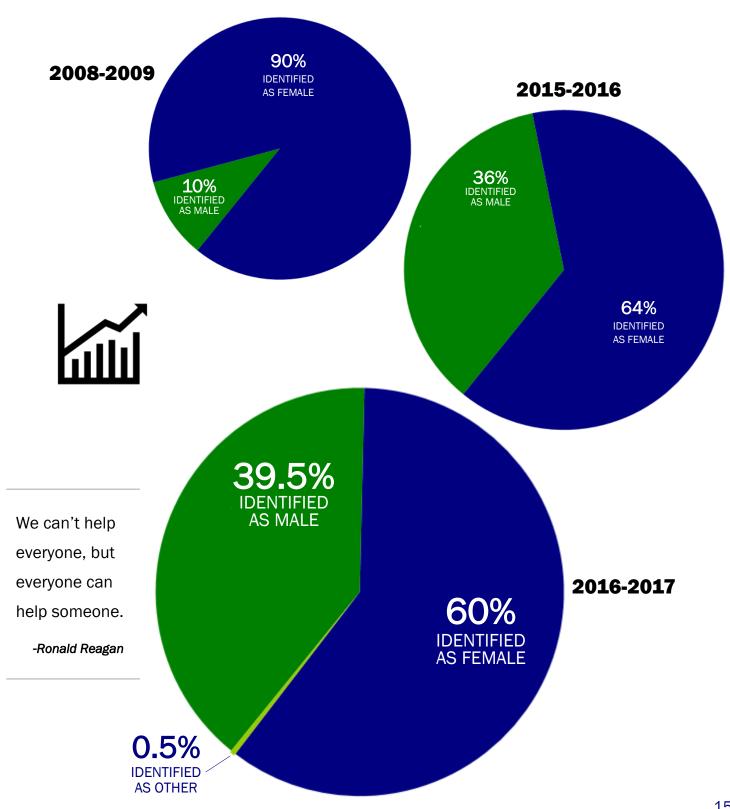
"Drunk consent is not the same as soher consent "

-Grade 10 Student

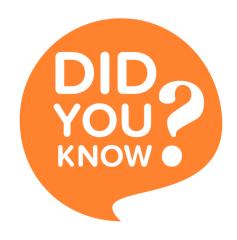
# COUNSELLING SESSIONS 3 YEAR COMPARISON



## GENDER BREAKDOWN OF COUNSELLING CLIENTS



# INTERPERSONAL VIOLENCE & ABUSE PROGRAM STATISTICS



88% OF OUR IVA CLIENTS IDENTIFY AS FEMALE.

When looking at the relationship between the client and the offender, 'present partner' is listed most often. 'Former partner', 'parent', and 'acquaintance' are the next most common and 'stranger' is indicated least.

## IVA REFERRALS—3 YEAR COMPARISON



While both men and women experience violence, statistics indicate that women do experience higher rates.

Women's risk of violent victimization is about 20% higher than men's.

Approximately **every six days**, a woman in Canada is killed by her intimate partner.



## INTO THE SUNSHINE

(EXPANDED IVA PROGRAMMING)

Envision launched a publicity campaign designed to bring awareness to the issue of sex trafficking and exploitation in the Southeast.

The campaign is part of an expansion of programming that now includes support for those seeking to exit prostitution or other exploitative relationships.

Into the Sunshine: Offering hope to the trafficked and exploited is, five-year program, funded by the Federal Ministry of Justice that will be based primarily out of the Carlyle office.

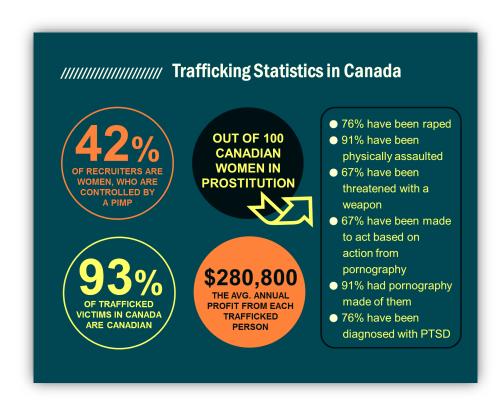
Exploitation happens in ways we do not normally associate with prostitution, such as offering sex or sexual acts in return for drugs and/or alcohol or rides and/or rent.

Understanding what exploitation looks like and how it impacts individuals living in rural communities is an important step in raising awareness.

Working with community partners in the coming years, Envision will engage and support individuals who have been impacted by exploitation and trafficking.

The goal is to provide trained counsellors able to reach out and connect with these individuals to provide hope and help.

This is a long-term program that will involve counselling, legal or educational advocacy, training, and family support.

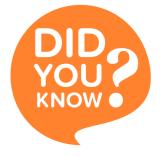




#### Sex Trafficking—It's not what you think



trafficked and exploited.



## **SEX TRAFFIKCING - IT'S NOT WHAT YOU THINK**

IT INVOLVES INDIVIDUALS, OFTEN YOUTH, BEING MANIPULATED INTO EXCHANGING A SEXUAL ACT FOR MONEY, DRUGS, FOOD, SHELTER, TRANSPORTATION, LOVE, ACCEPTANCE OR ANY OTHER CONSIDERATION.

IT CAN HAPPEN TO ANYONE, REGARDLESS OF THEIR AGE, ABILITY, GENDER, ETHNICITY, RELIGION, FAMILY INCOME, CLASS OR SEXUAL ORIENTATION.

# FAMILY INTERVENTION PROGRAM STATISTICS

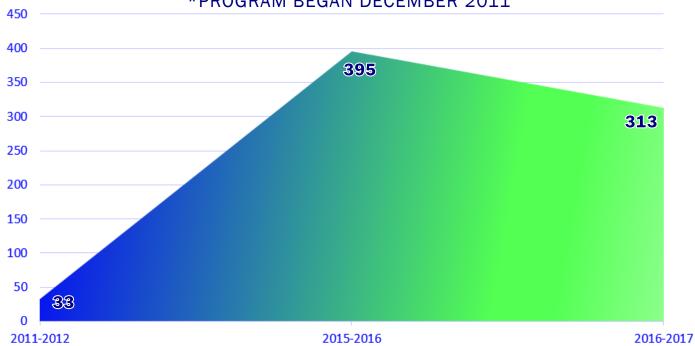


**40%** OF FIP CLIENTS SEEK SUPPORT FOR COUPLE/ RELATIONSHIP OR FAMILY RELATIONSHIP BREAKDOWN.

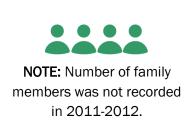
**16%** OF FIP CLIENTS SEEK SUPPORT FOR CHILD/ADOLESCENT BEHAVIOUR.

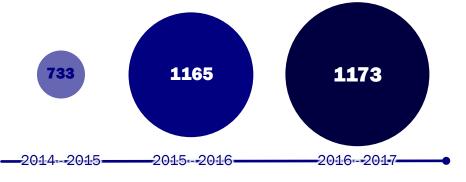
## FIP REFERRALS—3 YEAR COMPARISON

\*PROGRAM BEGAN DECEMBER 2011



## FIP NUMBER OF FAMILY MEMBERS





# CHILDREN EXPOSED TO VIOLENCE PROGRAM STATISTICS

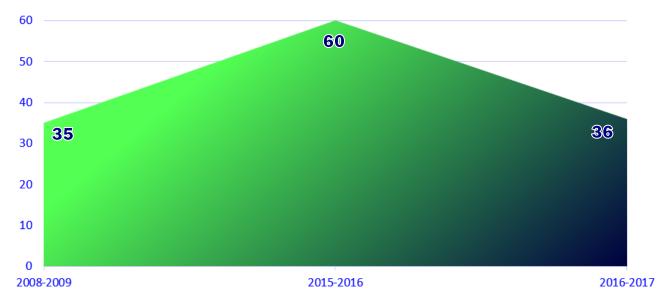


64% OF CEV CLIENTS SEEK SUPPORT FOR FAMILY VIOLENCE RELATED ISSUES.

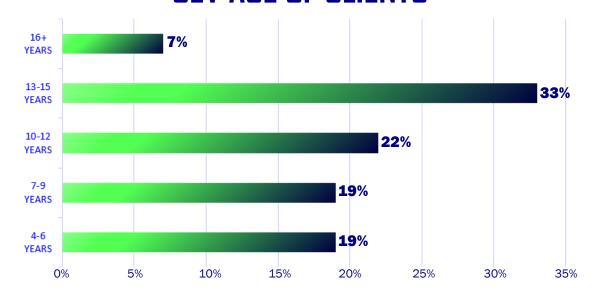
Family violence is an issue that impacts the victim, the family unit, and society as a whole. Long term effects may include risk of chronic illness, alcohol and drug use, academic performance, social integration as well as medical and social implications.

(Department of Justice Canada)

## CEV REFERRALS—3 YEAR COMPARISON



## **CEV AGE OF CLIENTS**



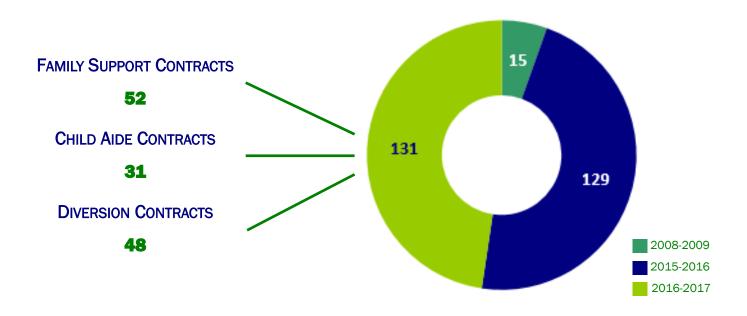
# FAMILY SUPPORT PROGRAM STATISTICS



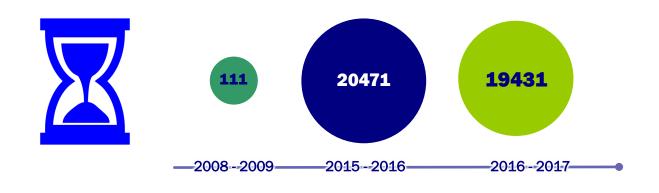
FAMILY SUPPORT PROGRAM STAFF DROVE A TOTAL OF **235,722** KILOMETERS IN THE 2016-2017 FISCAL YEAR.



## FAMILY SUPPORT NUMBER OF CONTRACTS



## FAMILY SUPPORT CONTRACT HOURS

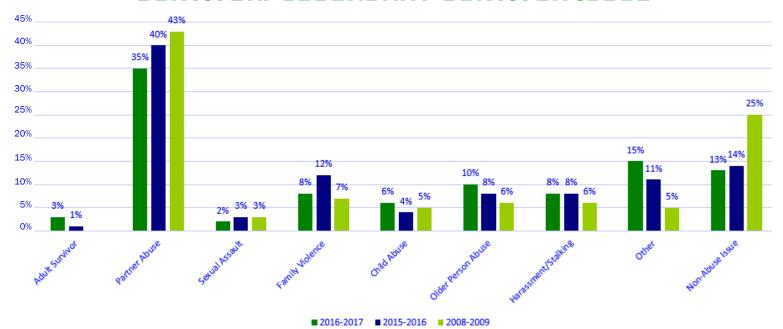


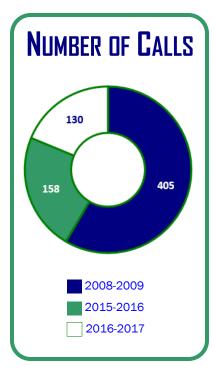
# 24-HOUR ABUSE/SEXUAL ASSAULT SUPPORT LINE STATISTICS

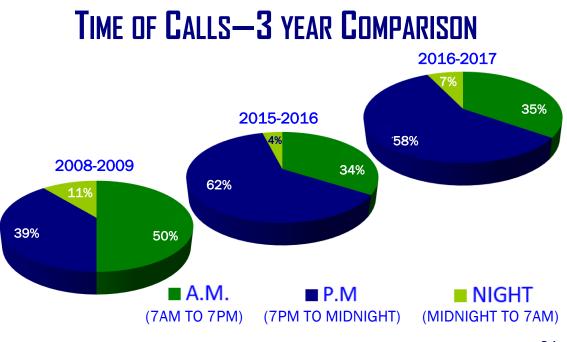


SASKATCHEWAN HAS ONE OF THE HIGHEST CRIME RATES OF SEXUAL ASSAULT IN CANADA AMONG THE PROVINCES.

## SURVIVOR/SECONDARY SURVIVOR ISSUE







## COMMUNITY OUTREACH **EVENTS**



2016-2017

NO ONE can do EVERYTHING, but **EVERYONE** 

can do SOMETHING.

# **ENVISION VOLUNTEERS**

It was another fantastic year for the Volunteer Program. I am so thankful to the individuals within the program who continue to dedicate their time to make it a success.

Throughout 2016-2017, Envision had twenty-one volunteers. This number ebbed and flowed as time went on but each person was an important part of our team. The diverse backgrounds and levels of involvement in the community of our volunteers created dynamic meetings where new things were continuously learned and provided an opportunity for each individual to grow.

Some volunteers moved on from Envision this past year to pursue new endeavors, but I have no doubt that each continues to be a positive agent of change. We were also fortunate to add new members to the Volunteer Program by expanding awareness in the community.

I have thoroughly enjoyed my time spent with these incredible people and look forward to what the future may hold.

> Respectfully Submitted, *Juli Dzuba*, *Volunteer Coordinator*



## "ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH."

-HELEN KELLER







OUR DEDICATED VOLUNTEERS LOGGED **12,639** HOURS IN 2016-2017.

## ENVISION IN THE NEWS

## **MARCH 2017**

- Envision Counselling & Support Centre – Offering Hope Press Release
- International Women's
  Day 2017 Press Release



**JANUARY 2017** 

Workshop Wednesdays
Continue Press Release



### **SEPTEMBER 2016**

- A New Program at Envision

  Discover Weyburn
- New Envision Program
  Focuses on the Impact of
  Sex Trafficking

Into the Sunshine is a campaign designed to bring awareness to the issue of sex trafficking in the Southeast...



Weyburn First
 Responders Observe
 Rise in Family Disputes







### **FEBRUARY 2017**

Southeast Counselling Service Spearheads Provincial Initiative

According to Envision, the average age of those exploited in Southeast Saskatchewan are between 11 and 13 years old...

## **NOVEMBER 2016**

- Envision's NEW Website
   is Information-Rich
   Recently Envision launched a
   brand new website offering
   support for the community...
- December 6<sup>th</sup> Day of Remembrance

  Press Release



Communithon:

Connecting the Weyburn
Community

Through the efforts of the community of Weyburn, \$109,237 was raised...

Violence Prevention Week
By using the hashtag
#ViolenceFreeSask, you can be a
part of the online discussion
taking place this week...

### **JUNE 2016**

Envision Wraps up Cyberviolnce Project

After two years of surveys, meetings, and discussions, Envision has wrapped up its Cyberviolence Project...

Envision AGM Reveals
Organization's Growth

Envision is in a phase of significant growth; a fact that was indicated at the last AGM...

### **MAY 2016**

Sexual Violence
Awareness is Urged by
Envision Counsellors
Sexual violence crosses all ages,
genders, races, ethnicities, and
economic backgrounds. Although

Sexual violence crosses all ages, genders, races, ethnicities, and economic backgrounds. Although the number of sexual violence incidents is alarming, there is hope...







## RESOURCE DEVELOPMENT

As we head into the fifth year of the position of Resource Development at Envision, we continue to find ways to fund the neediest parts of the organization. Working with the executive director and the counsellors, we continue to develop programming and find ways to fund them so that we are able to make the greatest impact in our community.

Resource Development is able to strengthen an already healthy organization, in Outreach, in Volunteer programming, at the Oxbow office, and in the capability to provide quality services to help make the lives of those we serve happy and healthy.

And so we are extremely grateful for the many individuals and organizations that choose to invest in Envision. The support of the community and the connections that are made when people get involved really do make a difference.

I appreciate the opportunity to share my passion for this organization and our cause.

Respectfully Submitted, *Tania Hlohovsky Andrist,*Resource Development Coordinator

**SUCCESSES OF 2016-2017** 















- Envision secured new funding from the *Community Initiatives Fund* to continue our Outreach Education in schools in the Southeast.
- United Way funding has been increased. This funding has evolved to support the new position of Intake Counsellor. Estevan and Weyburn United Ways have joined to fund this position, one they recognize streamlines the services we are able to offer to the community.
- Envision partnered with *Royal LePage Dream Realty* to access funding from Shelternet.ca, a charitable foundation. *Dream Realty* hosts the *Annual Garage Sale for Shelter* as well as other dedicated projects to community fundraising.
- We maximized the RBC Volunteer Grants in all Envision offices, receiving \$4000 total, through staff volunteer activities from each of the different branches in the Southeast.
- We continued building the network of communities who support our mission and vision by making sponsorship requests to towns and rural municipalities. These are key connections with community leaders as we spread the word about our services in Southeast Saskatchewan.





**United Way**Member Agency



Government
—— of ——
Saskatchewan



Department of Justice Canada

Ministère de la Justice Canada









# WEBSITE ANALYTICS



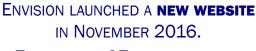
Envision Counselling and Support Centre Inc.

## **Exploring Your Options, Supporting Your Decisions**

We will encourage and support healthy choices in individuals, families, and communities by offering innovative programming and diverse counselling and support services.



KNOW (



THERE WERE **25** WEB REFERALLS IN 2016-2017.



2657

AVERAGE TOTAL VISITS



**2210** 

AVERAGE NEW VISITS



4345

AVERAGE PAGE VIEWS



1m30s

AVERAGE TIME ON A PAGE



1.64

AVERAGE # OF PAGES VISITED

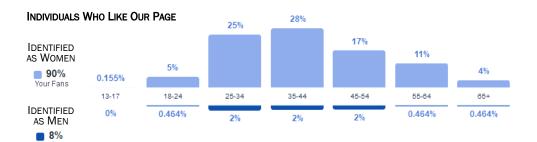
# SOCIAL MEDIA STATS

FACEBOOK / TWITTER / INSTAGRAM





MOST POPULAR FACEBOOK POST: WANNA HAVE SEX? (CONSENT 101) **By Laci Green** 





twitter 1

**Most engaging Tweet:** 625 IMPRESSIONS





@envisioncsc







envisionese Edit Profile 46 followers 14 following Envision Counselling & Support www.envisioncounsellingcentre.com

MOST POPULAR INSTAGRAM POST: TODAY IS #NATIONALABORIGINALDAY! CELEBRATE THE UNIQUE HERITAGE, DIVERSE CULTURES AND OF OUTSTANDING FRIST NATIONS, INUIT AND MÉTIS
PEOPLES IN CANADA. #NADCANADA













Envision is a non-profit, community-based organization governed by a volunteer Board of Directors from Southeast Saskatchewan.

Envision helps individuals, families, and couples embrace healthy choices to feel empowered, by providing therapeutic counselling, support, in-home services, groups, workshops, and education.

Estevan Office	Weyburn Office	Carlyle Office	Oxbow Office
Box 511	120-3 <sup>rd</sup> Street S	Box 1017	Box 511
Estevan, SK, S4A 2A5	Weyburn, SK, S4H 2C2	Carlyle, SK, SOC ORO	Estevan, SK S4A 2A5
P: 306-637-4004	P: 306-842-8821	P: 306-453-2405	P: 306-483-5555
F: 306-634-4229	F: 306-842-8815	F: 306-453-2407	F: 306-634-4229

info@envisioncounsellingcentre.com

We do not subscribe to call display. Collect calls accepted.

## 24-Hour Abuse/Sexual Assault Support Line 1-800-214-7083

Envision receives funding from the Ministry of Justice, Ministry of Social Services, United Way of Estevan, Weyburn & District United Way, and the community.

Donations from private groups, organizations, corporations, or individuals are gratefully accepted to assist Envision in serving communities in Southeast Saskatchewan.



